

October 30 - November 12, 2015

Volume 84 Issue 4

APACHEPOWWOW

THE OFFICIAL STUDENT NEWSPAPER OF TYLER JUNIOR COLLEGE SINCE 1927

Fundraising for ★
MAKE-A-WISH
-P.3

Underage
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Coming to TJC -P.8



APW

THE OFFICIAL STUDENT
NEWSPAPER OF TYLER
JUNIOR COLLEGE

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Photo by Derrick White
WHY NOT PLAY WITH YOUR FOOD? So far Art Club has raised over 1,000 cans for their 10th biannual food drive.

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The Apache Pow Wow is a member of the Associated Collegiate Press and the College Media Association, 2015

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LETTERS TO THE EDITOR

The Apache Pow Wow invites its readers to share views by writing letters to the editor. All contributions will be edited for grammar, spelling, length (300 words maximum), profanity and personal attacks. All letters must include the author's name, address, telephone number

and academic classification. Editors reserve the right to deny publication of any letter. Letters should be e-mailed to tjcnnews@tjc.edu or brought to P204.

ADVERTISING

The Apache Pow Wow accepts advertising at the rate of \$5 per column-inch. To request a copy of The Apache Pow Wow's advertising rate card with submission guidelines, policies and deadlines call 903-510-2299.



Courtesy Photo

PUSHING CARTS FULL OF CANS TO THE LOADING DOCK Art students help move a load of cans to the truck where they will be transported to the drop off point.

Art Club canned food drive benefits Tyler AIDS Services

By Sabrah Shipman
Staff Writer

This year marks the 10th biannual anniversary for the TJC Art Club's canned food drive. Every year since 2005, all of the food collected has been delivered straight to Tyler AIDS Services' food pantry.

Tyler AIDS Services is an organization committed to assisting people living with AIDS, or people that have been affected by AIDS in some way, by giving them opportunities to improve their quality of life. In some cases, people struggling with AIDS are very ill. They may not be able to work, or they may have lost their job because of their condition. As a result, they don't have the income or resources to buy basic necessities -- like food.

"[Tyler AIDS Services] has been around a long time. We started way back in the late 80's,"

said Demetra Darden, Tyler AIDS Services representative. "We are currently helping over 200 people."

Since the 1980s, however, Darden says they have helped so many people that she can't even think that high.

"We've had so many. Some have deceased, but we still have quite a few we still see and help," said Darden.

Back in 2005, a woman named Charlene Steed contacted TJC Art Department Chair and Professor, Derrick White, asking if the Art Club would start doing a canned food drive for Tyler AIDS Services. At the time, her husband had passed away from as a result of AIDS that he contracted from a blood transfusion. White and the TJC Art Club gladly agreed and have been having the drive ever since.

— see CANS page 18 —



Photos by Emily Attebery

WORKING TOWARDS A GOAL Over \$1,200 was raised at the barbecue event where food was served and live music was performed.



Leadership class holds barbeque to raise money for Make-A-Wish child, Caleb

By Emily Attebery
Managing Editor

Every semester, the Business Management degree requires its students to participate in the Leadership Class, its purpose is to teach about leadership through a major project. This semester, the students have chosen to work with the Make-A-Wish foundation and support nine-year-old Caleb who is battling a brain tumor.

"The class is extremely excited, and we want to get everybody else excited and get this project completely taken care of 100% so that we can make sure this happens again next year," said leadership student Keri Gruber.

The Make-A-Wish foundation's purpose is to grant the "wish" of a child who has been diagnosed with a life-threatening medical condition. And hopefully, through that wish, the child will be given more hope to stay strong.

Their goal is to raise at least \$10,000, and they are accomplishing it through various fundraisers. The most recent event that the class organized was a Barbeque fundraiser, and more events are planned to come. A raffle drawing will be running all semester (the drawing date is Nov. 18), and they are selling bracelets. A bake and rummage sell are some other ideas still in the brainstorm phase.

Each task and event has been carefully planned through the individual responsibilities of each classmate.

Every event reaches a little closer to the goal.

"Just anywhere we can get out there and just try and get money collected and see what we can do with the people that we have and our talents," said Gruber.

All of the events will directly support Caleb and possibly other Make-A-Wish children, such as 13-year-old Taylor who is fighting Cerebral Palsy. Caleb's wish is to go to Disney World and Taylor's is to see a Taylor Swift Concert.

"It's been really inspiring to see how much everybody else is willing to contribute," said leadership student Amy Hall, "you know this goal that's going to make us feel so great in the end and helping somebody else out instead of just focusing on ourselves."

The class has yet been able to meet Caleb due to his illness, but Hall says, "We're really excited 'cause that promise is still on the table, and hopefully we'll get to meet him."

More events will be in the works and advertised. There are about 15 prizes for the \$1 raffle ticket drawing, bracelets will be sold till the end of the semester and donations are always accepted.

For more information on the Make-A-Wish foundation, visit <http://wish.org>.

For more information on the Leadership class, visit http://www.tjc.edu/info/2004134/professional_and_technical_programs/77/business_management/3



Falling branches are an act of tree-son



Favian Quezada
Web Editor

Column

TIMBER! And the trees keep falling apart right above our heads. Some trees on campus seem to be taking a turn for the worse and deciding to nose dive onto the sidewalks that we walk on.

I've seen branches fall when there were no weather events taking place and the sun was shining. And take the case last week when the winds picked up and

the area in front of Genecov was closed due to a hanging branch that had snapped (which has not been removed since writing this).

Trees age and weather affects how strong they are. Occasionally a branch snaps. But with so many people walking on campus heading to classes, the fact remains that someone could get hurt, or worse, expelled ... from life.

I'm not writing this to say hurry up or to question our safety. I'm just saying to pay attention and occasionally look up to make sure that Mother Nature isn't about to drop the mic on your head.

With the cold and the rain, the branches tend to weaken. Rain creates weight, and sometimes this weight contributes to a branch snapping and falling.

This is nature. It happens -- I get it.

According to Cleveland.com, some 407 people in the United States were killed by falling trees or limbs from 1995 to 2007 41 percent of them in a thunderstorm and another 35 percent in high winds alone.

The grounds keepers have begun to replace the old trees with new trees. Currently, 12 new trees have been planted. I love the trees on campus. They're beautiful and provide shade when wanting to study or relax outside. But with the technology addiction that most of us have (yes, I'm guilty), a branch is going to snap and someone isn't going to realize what's happening until they're hanging out in the upper room.

When the pool has a stricter dress code than the school dances

Editorial

As students, we seem to criticize TJC a lot as a whole. The cafeteria food isn't good. The library is too loud since they added Starbucks so it's hard to focus. The lanyards are stupid and we shouldn't have to wear them, especially since we hate the lanyard police. The list could go on and on.

Some of these are well-founded, but as a whole we just like to complain. We like to get it off our chest and out in the open, but if we are going to complain, why not complain about the things that really bother us, or at least us at the Pow Wow.

With the weather changing I think it's time to talk dress code. "No, I am so tired of people complaining. I should be able to dress however I want." Absolutely not. We are pro dress code here. Now, before you completely quit reading this, let us explain. Dress code shouldn't be restrictive in a way that you can't wear certain logos, words or anything ridiculous. Your tank top straps can be as thin as you want and you can fit three notecards from the knee cap to your shorts if you want. (The notecard should be measuring from your waistline to the bottom of your shorts anyways, not up from your kneecap.)

Ornelas Health and Physical Education Center has one of the strictest enforced dress codes on campus. Of course you have to wear certain kinds of shoes and no jeans in the weight room. On a stricter note, however, for the gym, guys have to wear shirts that cover not cutoffs that allow their chests to be visible. Girls can't wear just a sports bra and must wear a shirt that covers their stomach. No visible torso there.

The pool also has pretty strict guidelines. Aside from swim cap technicalities, the rules are straightforward. You must be covered -- two-piece, one-piece, whatever, just no stomach, boobs or butt. Some try to where a T-shirt, but sadly, no cotton allowed in the pool due to the chemical and filtration system.

On a side note, the OHPE Center also doesn't allow vulgar language and has zero tolerance for sagging. They do their best to enforce a family and kid friendly atmosphere. Cries like "but we're in college, at other colleges they can wear whatever they want." Sorry, welcome to a community college where the community has access

to things apart from the college such as the gym. The ballet classes there shouldn't be subjected to shirtless men walking around and cussing.

Even the cheerleaders must follow these rules. They have a closed practice in the gym and can wear whatever they want but as soon as they leave practice they must follow the dress code. This is only relevant because cheerleaders must practice, in a sports bra to learn certain stunts and routines. So, even if they just need to run to the bathroom during practice, they have to throw on a T-shirt on the way out of the door.

School dances, on the other hand, do not have the midriff rules, and if they do they aren't enforced. TJC as a whole doesn't have a very strict dress code. The whole dress code in the student handbook consists of "a. Students should dress in a manner that should reflect high standards of personal self-image so that each student may share in promoting a positive, healthy and safe atmosphere within the College community. Students who are not following guidelines of appropriate dress when advised by a College official shall be considered in violation of the Tyler Junior College Student Code of Conduct and will be subject to disciplinary action.

b. Each student is expected to follow the Tyler Junior College guidelines of dress, which includes but is not limited to:

1) Dress and grooming/(indecent, lewd) clothing that exposes intimate body parts (underwear, cleavage, etc.) shall not disrupt the classroom or academic environment or cause undue attention to an individual student. Trousers shall be worn on or above the hips at all times.

2) Footwear should be worn at all times while on campus."

So lets break this down. First "reflect high standards of personal self-image so that each student may share in promoting a positive, healthy and safe atmosphere." I see what they are going for, but how even do you measure yourself on this kind of scale in the morn-

ing. "This blue shirt just doesn't promote the positive vibe I need." No, absolutely not. This sounds like a loophole for when students take it too far, get corrected and then challenge it. Which they should. There are unforeseeable terrible turns in fashion. It's good to have blanket clauses for fickle subjects.

Next "Dress and grooming/(indecent, lewd) clothing that exposes intimate body parts (underwear, cleavage, etc.) shall not disrupt the classroom or academic environment or cause undue attention to an individual student. Trousers shall be worn on or above the hips at all times." Well I'm glad no sagging is loud and clear, but what about the girl not wearing enough clothing that no one says anything about it. But hey, her tiny shorts are high waisted so at least there's no sagging. They are disrupting our academic environment because now all everyone can think about is how her high self-esteem must be because never in a million years was that outfit a good idea. "Everyone" wasn't the best term, because some people are now distracted for a totally different reason.

There's no reason really to dress up for class, unless there is a cute someone in there, but still. Dances on the other hand encourage you to dress up. There will be lots of people in a social setting, and why wouldn't you want to dress up and look your best. The problem lies with the setting. It makes exactly negative six percent sense to wear nice, formal dresses to a normal TJC dance, but it apparently does make sense to dress up like you're going to a club. Most of it is the music and how people dance, but most of it is because they can. They already have the cops checking each person for weapons, why not check them for modesty. They'd only get turned away at the door once before they either decided not to come to dances anymore or started rethinking their dress attire.

So, dress modestly. If you enjoy the freedom of a loose dress code, quit pushing the boundaries of it. Eventually the college will be forced to address the issue. Just put some clothes on.

CORRECTION: In the last editorial we stated that "we were also told by Patti Light that she wanted to clear an interview with the head of the [Behavioral Intervention Committee] before agreeing to an interview. We placed at least three phone calls and left messages to Dean Lisa Harper, which were never returned." Dean Harper was actually out of the office dealing with a family emergency, which prevented her from returning calls or approving anyone else who could speak on behalf of the BIT with the *Apache Pow Wow*. We apologize to Dean Harper for the misrepresentation of this information.

the inbox
tjcnews@tjc.edu

Fun vs. news, more fun please

Dear Editor:

Why can't the paper be fun?

I found the last edition of the Pow Wow to be quite distressing. The Umpqua shooting, the villainization of media, and the increasing psychological demands on college counselors are just a few of the depression steeped features which ensure that volume 84 will provide the already over-preserved, under-slept, and malnourished student body of Tyler Junior College with a cornucopia of new anxieties to get them through the fall. The cover photo of some desperate young man who seemingly has been held down against his will so that some group of ruffians can brutally list all of his worries across his forearms with felt tip pen (a permanent writing utensil) just to leave him alone forced to

further contemplate the fact that he "Can't calm down" and has "No time" is too much emotional strain for one to be faced with when walking past the Vaughn Library newsstand. Please for the sake of the well being of your fellow Apaches tone it down a notch. Give us more articles that remind us why every morning when faced with the conscious decision to get up and struggle through another day or to simply lie there until finally succumbing to starvation we opt to get up and make an effort. We need, more articles about pumpkin spice lattes, football games and soldiers being reunited with their families at football games. Perhaps a weekly photo of animals wearing people's clothing would help.

Philip Kemp

Student and TJC staff member

LETTERS TO THE EDITOR

We want to hear what you have to say. You can always write a letter to the editor about what you like or don't like about our coverage on what's happening on campus. We may even print it in the newspaper or post it online. Send your letters to tjcnews@tjc.edu.

All contributions will be edited for grammar, spelling, profanity and personal attacks. All letters must include the author's name, address, telephone number and academic classification. Editors reserve the right to deny publication of any letter. Letters should be e-mailed to tjcnews@tjc.edu or brought to P204.

What happens with your money

Where your student life fees go after you pay tuition

Marshall Cearfoss
News Editor

The Student Service Fee Advisory Committee (SSFAC) is the committee tasked with delegating TJC funds to all official student organizations on campus. The amount delegated to each organization depends on several factors. How much the organizations request and how important the Student Senate considers each group and how often the organization leaders attend Student Senate meetings are all factors in how much SSFAC funds each student assembly receives.

For the Fall of 2015, the total amount allotted to all 27 organizations came to \$124,996. "The first year we requested SSFAC funding," said Mark Jones, the advisor of the TJC BSM. "They actually gave us more than we had requested. We use the money for our pancakes and bacon nights on Wednesdays, and on our Mission Arlington trip, along with other mission trips."

The BSM was allotted \$3,251 this semester. "With the money from SSFAC, I am able to charge a very nominal fee [for Mission A.]... And that pays for meals and all other expenses while we're there."

The Phi Theta Kappa chapter on campus, headed up by Gigi Delk, received

\$5,956 this Fall. "We average about 350 students on any given semester,"

Gigi proudly stated. "And the biggest part of what

we have to have SSFAC funding for is projects and travel. Quite frankly, we can do a pretty good project on campus for about \$1,000 or so with things like t-shirts, sodas, and we get a lot of things donated, and we work hard to

"We've been pretty frugal this Fall... but we're going to ask for the full \$15,000 next semester, and we may even petition to get a little bit more."

-Gigi Delk
Advisor, TJC Phi Theta Kappa

tioned that the SSFAC funding for this semester was about half as much as last Spring when they received \$9,958.

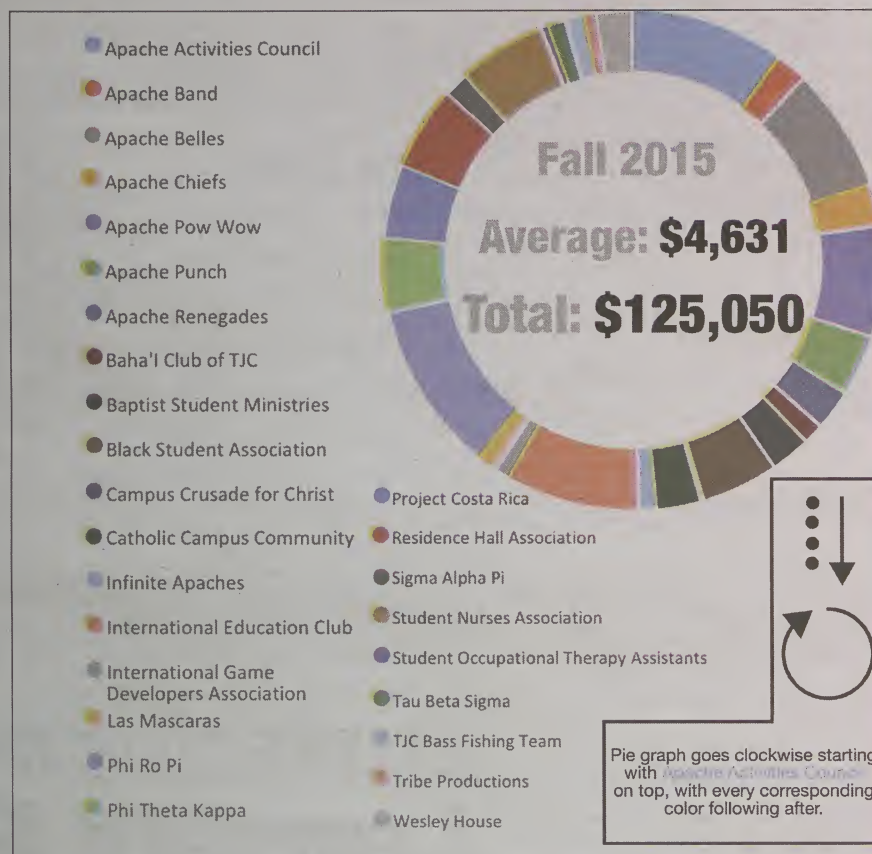
"We've been pretty frugal, this Fall we asked for exactly what we needed, but we're going to ask for the full

be very cost effective. When we travel, however, because Phi Theta Kappa is an international organization, we have five required events we have to attend to maintain good standing. Almost all of those events land in the Spring." Gigi also men-

\$15,000 next semester, and we may even petition to get a little bit more. We're going to go to a conference in Waco, and we have to go to Washington D.C. for the international conference." Said Delk.

The TJC chapter of Phi Theta Kappa is ranked 10th in the nation, and the conference in D.C. is where they get ranked.

The Apache Band, with 225 members, received \$2,526 this Fall. "This semester there was a bit of a jump. Last semester, we only had about 175 members in the whole band," said Jeremy Strickland, the new band director. Jeremy has been the band director since the beginning of this semester.



Cearfoss

Graphic by Marshall

SSFAC PIE CHART BREAK DOWN ON DISTRIBUTION This graphic is a visual aid on how the \$125,050 collected for student life fees were divided.

— see SSFAC page 7 —

News in brief

THREE STUDENTS BEATEN WITH BEER BOTTLES

Three students from Welsey House were attacked by three other students on Oct. 16. The attackers used beer bottles for their assault.

TJC DEBATE TEAM WINS SWEEPSTAKES

TJC Speech and Debate team brought all three of our teams to Semi-Finals. Jacob Savage and Skyler Walker went undefeated in preliminary rounds.

REGISTRATION BEGINS

Online registration begins for Spring 2016 classes as well as Winter 2015 classes.

STUDENTS ATTEND LEADERSHIP SUMMIT

Students attend 2nd Annual Student Leadership Summit. The Summit included morning workshops on leadership development and a keynote luncheon.

THEATER: THE 25TH ANNUAL PUTNAM COUNTY

SPELLING BEE

The TJC theatre presents 'The 25th Annual Putnam County Spelling Bee.' Shows will start at 7:30 p.m. Nov. 18 to Nov. 21 and 2 p.m. on Nov. 22 in the Jean Browne Theater. The performance is free to watch with valid TJC ID.

ETIQUETTE DINNER

Join etiquette expert Melinda Coker as she guides you through dining in a professional setting. Pre-registration is required and can be completed at <https://orgsync.com/login/tyler-junior-college> Space is limited, so register before Nov. 19. It takes place at 5:30 p.m. in the Board Dining Room on the 3rd floor of Rogers Student Center. For more information, contact Career Services at 903-510-2334 or visit us at tjc.edu/careerservices.

ETSO JAZZ SPECTACULAR

TJC Jazz Ensemble in concert, presented by East Texas Symphony Orchestra. Be there on Nov. 21 at 7:30 p.m. in the Liberty Hall at Downtown Tyler.

TEST ANXIETY AND STRATEGIES WORKSHOP

Are you stressing out about your final exams? Join Apache Tutoring for a "Test Anxiety and Strategies" workshop Nov. 19 from 12:40 p.m. to 1:30 p.m. in the Quest Classroom

MADDEN TOURNAMENT

A Madden Video Game Tournament will be held in the Rec Center on Nov. 19 at 5 p.m. There is no charge.

Campus security gives tips to prevent car burglary

By Emily Attebery
Managing Editor

Safety on college campuses tends to be a concern for students and faculty, but what about safety for your car? This October, within one week, there have been three car burglaries and two car accidents. But never fear, for there are some tips that can help reduce risk. Campus Police Chief Randy Melton gives these suggestions.

- 1) Never leave your car running or the keys in the ignition when you are away from it, even for "just a minute."
- 2) Always roll up the windows and lock the car, even if it's in front of your home.
- 3) Never leave valuables in plain view, even if your car is locked. Put them in the trunk or, at least, out of sight.

- 4) Park in busy, well-lighted areas.
- 5) Do not leave personal identification documents or credit cards in your vehicle.
- 6) If possible, remove your stereo's faceplate.
- 7) Stay alert, pay attention to your surroundings.
- 8) Most car burglars look for cars that are easily (and quietly) accessible, so try parking in a place where there is a lot of activity.
- 9) More suggestions from the TJC Crime Prevention Tips include, engraving your driver's license number on all valuable property, and record the serial numbers and brand names of all property of value.

Remember, car vandalism or theft can happen to anybody; sometimes it just can't be prevented. However, being wise on how you show your car and property in public can make a big difference.

Throughout the years, campus safety has done their part in trying to minimize thefts. The addition of extra lighting gives a broader view of an area, and new parking signs can help individuals tell campus safety specifically

where any incidents occur.

Billy Arnold, who works at campus police on the TJC West Campus, had his car vandalized from an attempted entry. From his own personal experience, he suggests:

"Try to park in areas where you know there's a lot of cameras."

And think common sense,

"If they don't see it, they don't think they can get anything."

But overall, he says, "I feel pretty comfortable here, or at any other place on campus."

The emergency phone number for Campus Safety is 903-510-2222.

Campus Security's main location is at the corner of Baxter and Lake Street, and a sub station is located on the second floor of Rogers Student Center.

SSFAC

continued from page 6

mester," said Jeremy Strickland, the new band director. "There was a bit of a jump. Last semester, we only had about 175 members in the whole band." Jeremy has been the band director since the beginning of this semester.

"Our proposal this semester was for \$22,000, and a big part of it was intended for traveling. We used to have a deal with Lindale ISD for their school buses, because those were super cheap. [That deal] got cancelled this year. In an effort to make up the ground for not being able to use those buses, we had to ask for a heightened amount this semester. Although we got much less than what we requested, the college has said that they know these are events which we have to be at, and that they will take care of it or do whatever they need to do [outside of SSFAC funds]," says Strickland.

The band depends less on SSFAC funds and more on direct funding from the school itself. For example, Strickland said that a game in Kilgore would cost them roughly \$6,000. For the amount of money that the band would need for every semester, the \$15,000 limit for SSFAC funds would be nearly out of the

"Our proposal this semester was for \$22,000, and a big part of it was intended for traveling."

-Jeremy Strickland
Apache Band Director

question.

The Apache Activities Council received \$12,490 this Fall. Phi Ro Pi, the TJC Speech and Debate Club, received \$13,851- the highest amount allotted to one organization this semester. The Apache Belles received \$10,026, and the International Education Club collected \$10,771.

SSFAC gathers its funds from a small portion of student tuition. The amount used from tuition varies depending on the estimated amount needed for all of the organizations.

The SSFAC committee will meet again to decide how to delegate the money next Spring. Since 2012, the total amount of SSFAC funds delegated has been much smaller in Spring semesters than in the Fall.

Student/Employee Lanyard Policy:

1. Lanyards must be worn around the neck while on campus, and the ID card must be clearly visible at all times, unless it should be removed for safety reasons or an approved ADA variance.
2. Any lanyard is acceptable, but it must be similar in design and worn in the same manner as the official college lanyard. The color of the lanyard is not critical.
3. No one will be allowed into class without wearing his or her ID/lanyard.
4. Students who do not have their ID/Lanyards may pick up a Day Pass at the Campus Safety Office, Campus Safety Substation located at the Rogers Student Center or from a TJC Ambassador. The first Day Pass each semester is free of charge. For all subsequent Day Passes a \$5.00 cost recovery charge will be billed to the student's account.
5. Employees may obtain a Day ID/Lanyard from their respective Dean's or Director's office.



East Texas Friendly!

Campus comes together to create a community garden

By Alejandra Hurtado
Student Life Editor

After graduating from high school, the doors of higher education open at Tyler Junior College. Next comes graduation with a degree from TJC, followed by the financial gain of working in the complementary chosen profession of that degree. There is retrospection of the time spent in college – the years that passed, the friendships made and the overall good feelings that come with the experience of this college life. There is a pride that can give birth to a desire to give back and benefit the community that gave so much so long ago.

Since last year, Professor Ryan Button and some honors students in his Intro to Sociology class have been proposing a project to develop a community garden on the Tyler Junior College campus.

"Inspiration from the first group was to find a way to donate food grown from the community garden back to the Salvation Army,"



Photo by Haley Huston

DIGGING UP GOOD IDEAS AND PLANTING HARDWORK Professor Ryan Button and some students offering help examine their work after breaking up ground.

said Button.

Due to time restraints last semester, the idea remained on a wait-and-see basis, but never left Button's mind. He knew the time to harvest the fruit of his idea would be soon.

This semester, all of the students from his sociology honors class understand the importance to create a garden on the campus. Their motivation is not only in the development of "real food," but also the investment of the garden in strengthening the roots of their personal growth.

This project is taking on increasingly more speed thanks to the support of many professors, such as a Betsy Ott, David Funk and many more.

Although the project is in its pilot phase, one of the more immediate goals is to increase the active participation of the community, staff, students with different majors and TJC faculty who want to share their knowledge and desire to get their hands dirty in favor of a beneficial, sustainable and memorable cause. The group is encouraging people of diverse interests to participate. "I know so far just the idea is really bringing multiple departments together, and that's what I absolutely love about it. We got chemistry, biology, sociology, geology and the art department," said Button.

Currently students have weeded and worked on the plot by Vaughn Conservatory.

"Right now we're looking for a place that hasn't been earmarked and we can start the groundwork for a new garden plot. It's kind of blown up," said Button. "We've had numerous faculty talking about that if we get the green light for the big garden, they'd like a plot. Right now we're kind of in the pilot phase of establishing it and we're going to plant this Tuesday so we'll have our first plants in the ground. It's going to be a vegetable garden.

Although the Sociology class is the foundation of the project, the interdepartmental participation will enable the garden to also become a "butterfly garden," as professor Button mentioned. Buttons envisions a day where he can take his class to the garden to talk about "social student stability" -- a classroom surrounded by the completion of a goal born of



Photo by Haley Huston

FINDING MORE THAN DIRT AND WEEDS Students helped weed the area around Vaughn Conservatory for the "test plot" for the community garden and uncovered an earth worm in the process.

knowledge, unity, education and determination.

Tyler Junior College could grow to include a focus on the learning of nutrition and the growth of a sustainable environment -- plans that could be integrated into universities. Mutual learning and benefits of this community garden will help the people of TJC to increase the sense of belonging, the rewards reaped from each seed planted with care, food to produce and sustain life and the experience and pride of being part of something greater than the individual.

"We will be 1 of 100 other campuses that will have a community garden like this. I think that the best thing that comes out of this is your reaction. Every time I tell someone else about this, it explodes. They're like 'How can I do this?' or 'How can I be a part of this?' I think that that's why we've called this bringing everyone to the table. I vision a day where I can take this class out and say hey let's go have class in the garden and talk about social sustainability. I think it's a great way to expand the classroom and what we see as an education," said Button



Photo by Haley Huston

OUT WITH GRUBS IN THE GARDEN Students helping with garden remove a grub.



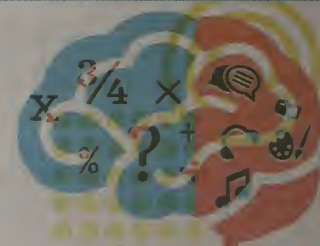
Photo by Haley Huston

GET JAZZY WITH IT AT ANNUAL BAND-A-PALZOOA The band recently performed at Wise Auditorium for Band-A-Palzoa. A saxophone player looks toward the director for instructions during the concert.



Photo by Favian Quezada

MARCHING THROUGH ROSE CITY The Apache Band participated in the Tyler Rose Parade, filling the parade with songs. Students can hear them practicing in the mornings across the campus.



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Alcoholism is a serious problem, and it's on college campuses everywhere

By Carl Speaks
Copy Editor

Underage drinking and drug use are continuing problems among college students. The challenge and stress of the college years make drugs and alcohol an avenue of relief for some students. There are problems that come with using alcohol or drugs — consequences that, for some, could last a lifetime.

David Lee, former addict, certified drug addiction counselor and founder of Intervention Services Inc., based out of Illinois, said that drug addiction isn't always about the drugs. Many are addicted to avoiding uncomfortable and stressful situations. Drugs are a tool for that avoidance.

Where families are concerned, an addict can divert the blame or use guilt to push off the uncomfortable conversations.

"I would make one little change -- I wouldn't use for a day ... all they [my family] wanted, more than anything

was to believe that I was heading in the right direction," said Lee. "My family didn't have a chance with a guy like me."

Families are too afraid, or have such hope, that they don't do what it takes to really help.

Lee said, "My family was stuck between hope and fear ... because they love me."

Intervention is a well-known and widely-used method of dealing with addiction.

An intervention is when family and friends agree to change the dynamic of a relationship in order to get an addict to willingly go into a program under the guidance of a professional. According to the numbers, it is easier to get an angry, defiant addict to go to rehab through intervention than to convince a worried family to agree to let councilors put one together, according to Lee.

Many councilors, like David Lee, are experts in their fields. Not just because they've gone to school, but through personal experiences.

"I'm a recovering alcoholic who teaches people how to drink," said Randy Haveson, nationally-known alcohol and drug abuse counselor, speaker, trainer and author. Haveson has been in recovery for 31 years and in the treatment field for 29 of those years. "I tell people that I have a Master's in counseling and a PhD in experience," said Haveson.

Haveson was kicked out of San Diego University for alcohol

and cocaine use. He cleaned up and later returned with a quest to help others overcome their addictions.

Haveson said that the biggest thing he wants people to do is to pause and think BEFORE they go out. To do this, college students, especially, need to ask themselves questions before going out. Who will you be going out with? Come back with those same people. Where will you be going? Stick to the plan and go to that place only. People often move the party to another place and that ends up being where trouble is. He also said to ask, "Why am I drinking?" If the answer isn't really a good one, chances are that person shouldn't drink.

There is no single method that is considered "the best" in terms of overcoming alcohol and drug use.

"My family didn't have a chance with a guy like me"

-David Lee
Former addict and founder of Intervention Services Inc.

"I'm a fan of whatever works to get people on the right path," said Haveson. He has done some individual counseling, but mostly works with groups and teaching through speak-

ing engagements.

Haveson said, "Studies show that the later in life a person starts to drink alcohol, the less likely they are to have a problem with it." He adds that there are exceptions, as with family drinking conditions or life events which may establish a later issue. Drinking early in life, like before turning the legal age of 21, can be a factor in alcohol abuse later on.

Is there really such a thing as drinking responsibly?

According to Haveson, there is not. "If you ask five different people to define 'responsibly', you will get five different definitions." He said, "I prefer to teach people how to make low-risk choices."

His book, *Party with a Plan*, is geared toward the individual college student and teaching him/her to make those choices. There is also a section for parents in helping their teen, and it can be adapted easily for teachers and professors to use in classes on the subject.

The plan is as easy as 0-1-2-3. There are guidelines, such as if a person is under 21 years of age as well as many others, where the choice is zero drinks. In other cases, a person should drink no more than one drink an hour, no more than twice per week and no more than three drinks in a 24-hour period.

Drug and alcohol use isn't just in television and movies, it exists on college campuses, like Tyler Junior College.

Lee Parker, former TJC student and RA at Ornelas, recalls

times when students would put a towel at the base of the bathroom door to avoid having the smell of marijuana getting out. "The cops had been called out, but I'm not sure what came of it," said Lee. "I'd seen [beer] bottles and cans in dorm rooms and hidden in crevices in the dorm several times."



Guilt ame others hol Abuse ily fear ervention?

"Calls like that [involving drugs] are, I don't want to say rare, but infrequent," said Chief of Police at TJC, Randy Melton.

It's not "one size fits all," according to Chief Melton, concerning punishment for a student with possession of drugs on campus. It's handled based on what and how much of the drug is found in the student's possession. In any case, the student code of conduct, sections 10 and 11, is clear that possession, use and/or manufacturing of alcohol or drugs may result in suspension from the college for a year or more. There is, of course, also the possibility of action through the municipal courts.

Most of what gets reported to the security office, in cases of drinking alcohol on campus, is after the fact, such as three separate reports of empty beer bottles or cans recently found in the

women's restroom at the new Rogers Nursing Center. The security office is, of course, following up, but this could be an indication of an alcohol problem here at TJC.

"Calls like that [involving drugs] are, I don't want to say rare, but infrequent"

-Randy Melton
TJC Chief of Police

Aside from the consequences of school suspension or the obvious fines or jail time which might occur from the use or possession of drugs and alcohol by underage people, there are worse things that could make such behavior unthinkable.

In Austin, Texas last year, 23 year old Rashad Owens fled a sobriety check point, sped through several city blocks and ran over multiple people, some of which were in line outside of a night club. Two were killed instantly, while two others died later of injuries. Their ages ranged from 18 to 35. Rashad is facing 26 different charges, including capital murder, for which he could receive the death penalty.

During this year's homecoming at Delaware State University, a drunken driver plowed through the crowd, injuring seven people. Prior to this incident, also this year, 25-year-old Acadia Chambers drove drunk through a crowd of spectators, killing four people, including a 2-year-old boy.

In 2001, there were a reported 1,700 college-student alcohol related deaths, and 2.8 million DWI's involving college students. It is estimated that each year, more than 696,000 students between the ages of 18 and 24 are assaulted by another student who has been drinking, and more than 97,000 students between the ages of 18 and 24 are victims of alcohol-related sexual assault or date rape.

The consequences of drug and/or alcohol abuse in college students can be more than just suspension or a fine, they can be the end of life for some. For others, they can be the loss of loved ones or a life of guilt and nightmares.

For everyone, there is help available. At TJC, that help comes in many forms.

"The Behavioral Intervention Team is a faculty and staff driven committee established to maintain a secure learning and working environment. The committee consists of members from counseling services, judicial affairs, Campus Police, housing as well as other offices and staff members. The team's main goal is to discuss students who are showing signs that they are having a difficult time adjusting to higher education and the social life surrounding college. Students may be referred by faculty, staff, or Campus Police. These meetings are non-disciplinary and are intended to offer support and connect students with resources on and off campus that can help them become healthier and more productive members of the community," according to the TJC employee handbook.

The BIT is headed by Dr. Lisa Harper, head of Student Support Services.

Harper said that BIT is currently in a great transition phase. Harper and others on the committee plan to attend a conference hosted by the National Behavior Intervention Team (NaBIT) in November to take on procedures and standards that have been successful at other colleges.

The TJC student handbook has a list of the regulations regarding the possession of drugs and alcohol, but there is no mention of this team, except in the Employee handbook.

Drinking and alcohol abuse for people under the age of 21 is a problem throughout the country, including, and in some cases, especially on college campuses. Students who have, or know someone who has, a problem with alcohol or drugs do have options.

A student can request counseling on campus by calling Counselor and Learning Specialist, Tracy Williams at 903-510-2041 or using the online appointment request form at www.tjc.edu/counseling-appointment.

Tracy provides basic counseling assistance and can refer students into the community for various types of alcohol/drug abuse or addiction issues.

Another source of help is the national hotline through the Substance Abuse and Mental Health Services Administration at 1-800-662-HELP (4357). SAMHSA's National Helpline (also known as the Treatment Referral Routing Service) is a confidential, free, 24-hour-a-day, 365-day-a-year, information service, in English and Spanish, for individuals and family members facing mental health and/or substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations. Callers can also order free publications and other information.

For more info visit: <http://www.samhsa.gov/find-help/national-helpline>. The book, Party with a Plan, is available for digital download now on Amazon.com or partywithaplan.com and will be available in print on Nov. 6. For more information from David Lee about interventions, visit www.interventionservicesinc.com.

Intramural football can be gateway to Apache Football

Nick Vaughn
Sports Editor

Flag football is an annual event each fall that always draws a big crowd. They come to watch the games; more so in the playoffs and even more for the championship game. These games are really a chance for the red-shirt players and others who want to play football for TJC to showcase their skills -- all that can be shown in a flag football game.

Players have full control when it comes to their teams. They pick the name, uniform, equipment and even receive full stats on each game that they play.

This annual flag football season was created by the students, for the students, so that they could also feel the rush and excitement of having to play a season and lead their teams to the playoffs in hopes of winning the championship. And in some cases, there have been certain

players called to play for the official football team at TJC due to their performance in flag football. They showed such promise on the field that the coaches wanted a closer look at what the individual could do in pads going up against a real defense.

When the playoffs start, the intensity really raises a few notches. It is that time of the season when players really have to lay it all on the line and not have any mistakes, because in a game of inches, anything can cost you. The players really pick up on that in everything that goes on. They practice harder, make their cuts more precise and have a more focused mind on the task at hand before each game. Some players will even go to such lengths as to have special gear for the playoffs and even the championship game.

For the players, it is more of a matter of pride when it comes to the preparation. Nobody wants to lose and, even more, no one wants

to be the reason their team loses -- be it a dropped pass, missed tackle (removing the flag), mishandling of a snap or even the wrong read. That is why at every level Pop Warner, high school, college and even the pros -- when that time of the season comes around where every play has an overall effect on the season, you can feel the intensity rise on the field.

The championship game draws the biggest crowd compared to all the other games. Students come from all over. There is much that goes into the championship game, both teams playing for bragging rights for the rest of the year and through to the next year. Students want to see who will be named champions, and even a few of the football coaches come out to see who will win and to see if any of the players should get called up to the football team, which can really have a big impact on the players



Photo by Marshall Cearfoss

PLAYOFF PUSH teams go head-to-head in the playoff race for a chance to become champions.

No halftime for cheerleaders who eat, sleep, cheer, repeat

A day in the life of a cheerleader is not all fun and games, in fact, they are in constant motion from the moment their day begins to when the day ends. They don't just do a couple of flips here and there then go to class, nor do they dare avoid stepping foot in the weight room.

The life of a cheerleader can be just as serious as it any other of the athletes in school. All the work that is done for the team is done behind the scenes, and everyone only sees the end result of the hard work and hours of repetition and practice for their craft.

"Wake up around 5 - 5:15 a.m., get ready for practice," said Megan McClendon, freshman cheerleader at Tyler Junior College. "Go to the trainer to get my wrist wrapped and be at the gym no later than 6:30," in which their practice will go until 9:20 a.m. That is a nearly three-hour practice to start your day. Can you say rude awakening?

The reason that the cheerleaders wake up so early is because their first practice of the day is at 6:45 a.m. That is too early for most students given the fact that the majority of classes on campus do not start until 8 or 9 a.m. So, not only do they have an early morning practice to start their day, they are waking up around 5 a.m. just so they can get ready and not be late, which is not something that anybody wants to be.

COLUMN



Nick Vaughn
Sports Editor

Morning workouts are exactly that, done in the morning -- so the rest of the day is free right? Wrong. That is just the first of three workouts that a cheerleader goes through. After the 6:30 practice, there is somewhat of a break where the team can go to the café or attend any morning classes. Then, from noon until 1:30 p.m., the team goes into the weight room for their second workout of the day. By 2 p.m., many students are just attending their first class or going to Chick-fil-a or somewhere to get something for lunch after having had one or two classes.

Most students would be content with two workouts a day. Most students only go in the gym one time a day. The

cheerleaders have had their second workout with still 10 hours left in the day. So what's left for them to do? Well, of course, get another workout in. It is optional but highly recommended, meaning that most, if not all, attend.

"All of this training helps in preparation for game days, which can be hectic," said McClendon. It takes the average cheerleader two hours to get hair done, wash uniform, and put on make up.

On a game day, the cheerleaders "Have to be at the game three to four hours before the game starts," said McClendon.

Cheering in college is a totally different world than in high school because the atmosphere is different between the two. For high school you "Have a set period," said McClendon. "You had it first and eighth, that was your cheer periods." But in college, you soon find out that is no longer the case. "In college you have selected hours," said McClendon. "So, if the coaches pick 9 a.m. to midnight, you have to go."

If you want to become a college cheerleader, it can take over your life with all the dedication it requires. "Literally, cheer is my life now," said McClendon. "There is no room for people that don't want to fully commit to be on the team because, 'if you want it you work for it.'"

THE LOCKER ROOM

KELSO PESKIN

1. What is your name and do you have a nickname?

Kelso

2. What sport do you play?

Soccer

3. Where are you from and what made you attend TJC?

South Africa

4. What are your expectations for the season?

To win conference and go to nationals

5. What made you get involved with this sport?

My dad

6. Who is your role model?

My dad and Cristiano Ronaldo

7. Do you plan to transfer anywhere?

Yes, not sure where though

8. What is your favorite moment with your team?

Just being around them making jokes and having fun and mostly game days before warm up

9. What is your major? What do you want to do when you grow up?

Right now, general studies. I want to be a sports physiologist

10. Who is the funniest teammate and why?

Probably Sydney Timman, always happy and always making people laugh

11. What is your worse injury and how did it happen?

Tore my ACL during training

12. Do you have a motto or saying that you live your life by?

YOLO

Photo by Nick Vaughn

SMILE FOR THE CAMERA

Kelso Peskin becomes first to enter the Apache Pow Wow locker room



Apache Sports Current Athletic records

Records as of Sept. 30, 2015

Football

Total Record 7-2

NJCAA Record 4-2

Volleyball

Total Record 20-4

NJCAA Record 7-0

Men's Soccer

Total Record 13-3

NJCAA Record 11-1

Women's Soccer

Total Record 13-3-1

NJCAA Record 6-1-1

Teams in playoffs

7 Football

Men's Soccer

Women's Soccer

For more information on scheduling, games or teams go to:
Apacheathletics.com

Upcoming Athletic Events



Football

Oct. 31 @ TBA SWJCFC Playoffs - Semifinals

Nov. 7 @ TBA SWJCFC Playoffs - Championship

Volleyball

Nov. 6 vs. TBA Nov. 6-8: NJCAA Region XIV Tournament @ Tyler Junior College

Men's Soccer

Oct. 31 @ TBA

Oct. 28-31: NJCAA Region XIV Tournament Semifinals

Women's Tennis

Oct. 30 @ SFA Oct. 30-Nov. 1; SFA Invitational; Nacogdoches, TX

Men's Basketball

Oct. 30 vs. Brookhaven Jimmy Butler Classic - SW Christian vs. CYM @ 2 p.m.

Oct. 31 vs. Southwestern Christian College - Jimmy Butler Classic - Brookhaven vs. CYM @ 2 p.m.

Nov. 6 @ On Point Prep - Don's TV Classic - Kilgore College vs. Provision Prep @ 4 p.m.

Nov. 7 @ Provision Prep - Don's TV Classic - Kilgore College vs. On Point Prep @ 2 p.m.

Nov. 13 @ TBA Kilgore College Classic

Women's Basketball

Oct. 17 @ Midland College 9:30 a.m. SAWBC Showcase Scrimmage - Frisco Fieldhouse Court 3 11:45 a.m. @ Weatherford College SAWBC Showcase Scrimmage - Frisco Fieldhouse Court 6

For more information on scheduling, games or teams go to:
Apacheathletics.com

Superman and Wonder Woman exchange vows at Comic Con

By Rachal Gilbert
Verve Editor

The Bridal Chorus plays as the members of the wedding party come down the red aisle. They walk toward the altar, where Batman stands in front of a night sky backdrop. Smiles fill the room as the Green Lantern walks Wonder Woman down the aisle towards her groom, Superman.

Dressed as Wolverine and Hermione Granger at the 2014 Comic Con, David Matti proposed to his now wife, Krystal Perez. They were wed at this year's Rose City Comic Con.

The couple wasn't certain what their wedding-day cosplay would be, but finally agreed on Superman and Wonder Woman.

"We were thinking about doing the Game Of Thrones theme, but we changed our minds twice," said Perez.

The thought wasn't cast completely aside when it came to the big day, however.

"When we get married, we're going to recite the game of thrones wedding recital," said Matti.

The couple presented the minister, Batman (Judge James Cowart), with the official Game of Thrones vows before the ceremony.

"We've both always been fans of comics," said Perez.

They decided to hold the wedding at Comic Con to make for a unique ceremony. They encouraged friends and family to attend dressed in their best cosplay, having the bridesmaids and groomsmen dress as superheroes. The party included Superwoman, Harley Quinn, The Joker, The Green Lantern and Robin.

"We share everything that's comic book related," said Matti. "There are so many things that we like that make it easier for us to get along and share our common interests."

The couple plans to open a booth at next year's Comic Con and sell their art and stories.

"We're planning on doing all of this together," said Matti.



Photos By Rachal Gilbert
ABOVE

Superman(Matti) and Wonder Woman(Perez) share a kiss after being wed.

LEFT
THE JUSTICE

LEAGUE Family and Friends Gather to celebrate the marriage of David Matti and Krystal Perez.



Verve

Where flowers are fair

Moss sells flowers grown with fair labor practices, not sweatshops

By Sabrah Shipman
Staff Writer

Working conditions on flower farms are often far from rosy. Many workers work seven days a week, receive very low wages, have asthma from breathing in pesticide fumes and often don't have access to medical care. Because of this, local Tyler flower shop, Moss, only seeks to buy fair-trade flowers.

Moss is the vision of a mother-daughter duo, Paige McGuffey and Meagan Lissner. They do flower arrangements, plants, home decor, gifts -- all of the things normal flower shops do. However, different from most shops, Moss only purchases fair-trade flowers.

Fair-trade means buying local first. Moss understands that it can be hard for people to purchase local or handmade products. This is why Moss makes it possible to buy fair-trade flowers in Tyler. Instead of ordering cheap flowers from markets

that are unfair to their employees, Moss seeks to order their flowers from local businesses.

"We are pretty particular about where we order our flowers. We don't go to market and just go shopping for some pretty stuff to resell at our shop," said co-owner McGuffey.

Moss is also adored because of its unique style. The arrangements, as well as the shop interior itself, are different from the rest. Lissner and McGuffey seek to create arrangements that are far from the norm. Arrangements that are quirky and unique.

Beth Michiemo, an employee at Moss, is well-versed about the style of the flower shop.

"It's different. Different atmosphere, different products -- things like that. Things aren't neatly put together. We try to do more wild and more free-looking [arrangements]," said Michiemo.

Before Moss, McGuffey worked

— see MOSS page 15 —



Photo by Sabrah Shipman

WELCOME TO MOSS
Selling local, fair-trade flowers and plants.

in interior design and Lissner worked in various other flower shops around Tyler. When the opportunity to open Moss came up, neither of them could say no. They combined their skills and opened the shop in 2012.

"We wanted to do something together, and we wanted it to be meaningful," said McGuffey.

For two years now, once in the fall and once in the spring, Moss has put on an event called Music, Makers and Moss. The name of the event says it all. It's a gathering of Tyler artisans doing what they love. This year's event was held from 3 to 5 p.m. on Oct. 8 at Moss.

Michiemo put in many hours preparing for the event.

"We actually have a lot of local artisans. Pottery makers, jewelry

makers and a couple of high-end thrift stores that are coming to bring in their clothes. We are just trying to support local businesses. They bring all of their stuff here and we just help them display it, help them network and get recognized," said Michiemo.

The event is virtually an open house for Moss. They offer flower arranging classes, the artists of the works that are featured in the shop come in and demonstrate; even the designers of the jewelry Moss features are at the event. There is also live music, food and more.

Employee Jacqueline O'Neill also put in countless hours preparing for the event.

"It's just getting our artists together, letting them have a place to sell their wares, letting them create relationships and build support with

other artists in the community," said O'Neill.

The event had such a great turnout, it was hard to walk through the shop without bumping into someone.

Moss offers a variety of classes for any occasion. During the summer, they offer weekly flower arranging classes, and throughout the rest of the year, they have a variety of seasonal classes. Moss believes in having classes because they are opportunities for people to educate themselves. Prices range from \$25 to \$45 per person.

Moss is located at 2210 Three Lakes Parkway Tyler, TX. They can be reached at 903-787-8822. More information can be found at www.welovemoss.com.

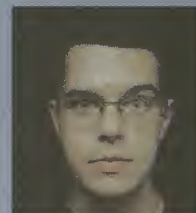


Photo by Sabrah Shipman

ON DISPLAY AND SALE MAKING THESE PLANTS GREEN FOR GREEN A variety of plants and pottery available for sale at Moss.

Goosebumps Review

Movie Review



Marshall Cearfoss
News Editor

One sad thing about this movie is that Jack Black is getting old.

One good thing about this movie is that Jack Black is getting old.

I didn't really expect much from this film. My main concern was that this movie would attempt to bank upon the success and fame of Jumanji, which clearly can never be overruled. Why? Because I said so and I'm the one writing this review. So, I guess that means I win.

Before I get too terribly wrapped up in my unrightfully arrogant opinion, I suppose I will bless the audience with a summary. Goosebumps, in a nutshell, takes place in Madison, Delaware, where Zach Cooper (Dylan Minnette) and his mother, Gale (Amy Ryan) – who contributes absolutely nothing to the ongoing plot of the film – are moving to Madison, Delaware, because she has taken a high ranking position at the local high school in Madison. Or at least as "high ranking" as it gets when you work in a town so small that the one new student is instantly known

to the entire student body as "the new kid." As you can see, they had an entire think tank work on that.

"Hey, Frank, what should we make the students call the new kid?"

"New Kid"

"Brilliant, Frank!"

Joining Zach is his aunt Lorraine (Jillian Bell) – who contributes absolutely nothing to the ongoing plot of the film –, his "best friend" Champ (Ryan Lee) – WHO CONTRIBUTES ABSOLUTELY NOTHING TO THE ONGOING PLOT OF THE FILM –, his mom's kind-sorta-maybe-will-they-won't-they boyfriend, Coach Carr (Ken Marino) – WHO PRACTICALLY WASN'T EVEN WRITTEN IN THE SCRIPT –, his next door neighbor, Hannah (Odeya Rush) – who's presence is just barely justified –, and her father, R. L. Stine (Jack Black) – one of the only characters to cause a ripple in the plot –. MyTJCNews.com



Querida alarma, por favor dame 60 minutos mas

El Domingo 1 de Noviembre sera un dia de 25 horas debido al "Daylight Saving Time"

Por Alejandra Hurtado
Editora en Español

Todos estamos listos para dormir una hora mas! Creo que no soy la única persona que se le olvida adelantar el reloj el día en el que empieza "Daylight Saving Time" Ese día en el que te cuesta levantarte de tu cama, llegas puntual a clase y no solo te das cuenta que eres la única o una de las pocas personas en el salón, sino que pudiste haber dormido una hora mas! Tenemos cantidades de anécdotas de ese día en el que empieza el horario de invierno; por eso Apache Pow Wow no solo quiere recordarte la hora de "Daylight Saving Time," para duermas 60 minutos mas; sino también, quiere contarte a quien se le ocurrió esta idea y... sabias que muchos países, incluso hay estados que no cambian de hora?

El pionero de la idea del ahorro de la luz diurna fue Ben Franklin en 1784, cuando el desempeñaba su papel de embajador de los Estados Unidos en Francia.

Entre los primeros países en adoptar este

cambio fue Alemania en 1916. Mas tarde, en 1973 muchos países industrializados se unieron a este cambio de horario para mejorar la situación de crisis de petróleo. Sin embargo este cambio fue caótico en varios países; en España, durante la guerra civil se empezó a adoptar el cambio de hora sin embargo esta situación se volvió compleja debido a que las zonas tenían diferente hora. Finalmente, en 1974 se estableció el cambio de hora en todo el territorio Español.

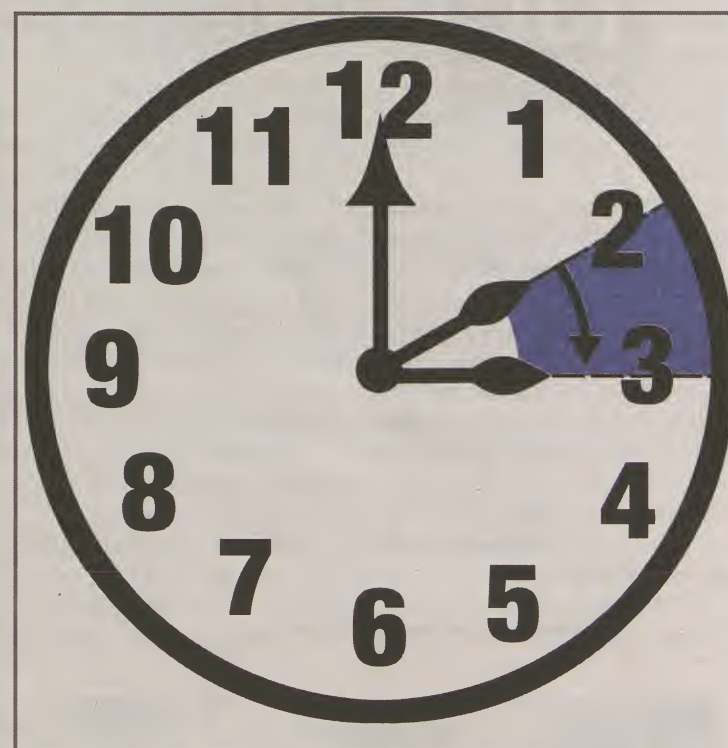
"Daylight Saving Time" o llamado también como el tiempo de ahorro de la luz del día se convirtió oficial en 1975. Sin embargo este no se adopta en varios estados como :Arizona, Hawai, Puerto Rico, Samoa Estadounidense, Guam, las Islas Marianas del Norte y las Islas Vírgenes de EEU. Sin embargo, estos estados deben aprobar una ley en la que se establezca que el horario de otoño será continuo durante todo el año.

Sin embargo, gran parte de los países del mundo jamás han movido las manecillas de sus relojes o en algún momento de la historia, ellos decidieron no adoptaron este cambio. Mientras

que para Europa, con excepción en Rusia y Bielorrusia, es común adelantar el reloj en primavera y después volver a la hora en otoño.

Países latinoamericanos como Chile, Paraguay, Uruguay y en el sur de Brasil el horario de verano se sigue. En otros países como Venezuela, Colombia entre otras naciones en las que esta practica resulta casi desconocida. Sin embargo, en algunos países como Argentina, el cambio de hora fue abandonado.

Apache Pow Wow sabe la importancia que tiene el ahorro de energía y lo difícil que es, para nosotros como estudiantes, acordarnos de este tipo de trascendentes fechas; por lo tanto, el Domingo 31 de Oct. Antes de irte a



dormir, te conviene atrasar la hora de tu alarma para que puedas disfrutar de una hora mas de sueño y después seas tu, el que burlescoamente diga "Creo que tu no dormiste lo necesario, compañero" gracias al artículo en el periódico Apache Pow Wow.

El desenlace del huracan Patricia

Por Alejandra Hurtado
Editora en Español

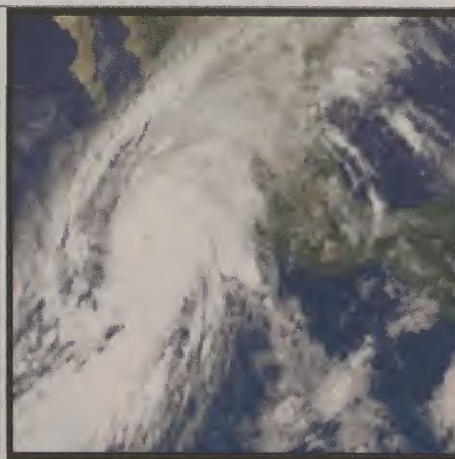
Según BBC Mundo "Fue calificado como "el huracán más potente de la historia de México y del hemisferio occidental", aunque los daños que causó han sido mucho menores de los que se esperaban."

De acuerdo con CNN en español, El Centro Nacional de Huracanes de Estados Unidos realizó los primeros reportes sobre Patricia el día martes a las 11 a.m. clasificándolo como una tormenta tropical. Sin embargo el día jueves a las 4 a.m. se convirtió oficialmente en huracán, mas tarde a las 10 p.m Patricia había subido a categoría 5 en la escala Saffir-Simpson- Escala que indica los daños que este puede causar,

en función a la velocidad de los vientos y la presión atmosférica.

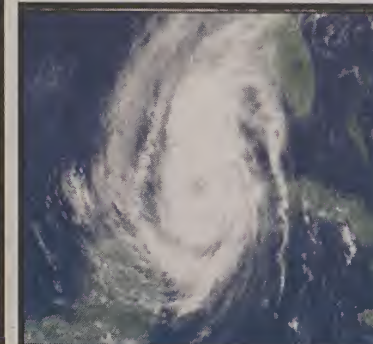
Debido a las medidas preventivas, el huracán Patricia no causó el gran impacto que se había pronosticado. Los mexicanos afectados en la trayectoria del huracán Patricia fueron testigos de daños materiales, inundaciones y árboles derribados por la tormenta; sin embargo, "no hubo víctimas mortales" como lo asegura BBC Mundo.

Como se había pronosticado, Estados Unidos no fue afectado; sin embargo, el día jueves y viernes bastante zonas de Texas, Luisiana y Arkansas recibieron lo poco que quedaba del huracán Patricia. En Dallas se reportaron algunas inundaciones y varios árboles derribados, de acuerdo a CBS19. El impacto

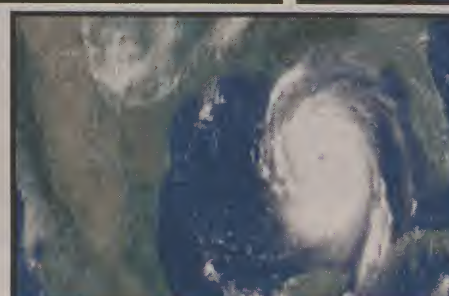


del huracán Patricia fue sosegado en las montañas de la Sierra Madre en México.

Junto al huracán Patricia hay algunos otros consideradas como las "Tormentas mas poderosas en los últimos años" lo cual lo asegura BBC.



Oct. 16-27, 2005
Huracan Wilma: Ciclón tropical que afectó a México, particularmente en la península de Yucatán, Cuba y parte del sur de Florida. Huracan de categoría cuatro en la escala de Saffir-Simpson. Este es considerado "el huracán mas intenso en el Atlántico" según Notimerica.



Ago. 23-31 2005 **Huracan Katrina:** Es considerado como "El mas costoso desastre natural de la temporada 2005 de huracanes del Atlántico, así como uno de los cinco huracanes mas mortales en la historia de los Estados Unidos" como lo asegura el portal EcuRed.

TJC Student Media

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October 30 - November 12, 2015

17

The best out of the worst Stretching money to make it count

Column

By Oscar Lara
Guest Contributor

You just got paid a few days ago and almost by magic, you only have \$23.62 dollars left in your bank account for you to make it until you get paid again, which is not going to be anytime soon.

Did you get robbed? Is the bank charging you too much for something? No. Let's just face it, you just stink at managing your own money. College students are usually taking part-time jobs or just living supported by their parents, making the budget really limited. So let me help you out and give you some advice about how to make the best out of the worse as a college student.

Be mindful of how much your income is

Personally, I have some friends that do not know how much they earn. They get so many taxes and deductions, they forgot how much they actually make as a whole. So the first step to manage your money in a better way is to know how much money you actually get. If you are not sure, just look at your pay stub when you get paid or ask your manager for help in knowing how much you make. Look at the line that says "NET" on your pay stub, that is how much you make after deductions and taxes, that is your "take-home" pay.

Never spend more than you earn

As obvious as it sounds, a lot of people spend way much more than they actually earn. This is strongly related to the impulsivity we have as humans. When you see something you want, you get that with hardly a second thought about it. But "impulsivity" is defined by the dictionary as an immediate action without looking forward for the consequences.

On our daily economic context, impulsivity would be defined as buying something you don't need with money you don't even have. Does that sound smart? Answer that yourself.

Make a budget

Trust me, I know making a budget can be time consuming and quite frustrating, but it is totally worth it once you realize all of the suffering and bad meals you can avoid by making one. When doing it, be mindful about the things you want to get, but also about the things you actually need.

It is totally fine to budget some nights out during the month, after all, hard work has its reward. But you should definitely try not to eat out for one month, and you will see how much money you can save.

If you have a meal plan at school, you're halfway there. No need to worry about making a budget for buying food for every single day, but, it is always good to keep some emergency snacks in your dorm, because the day will come when procrastination will hit the door and you will find yourself locked in your dorm with no time at all, not even to go to the cafeteria and get some lunch. By the way, the Billguard app was nominated as one of the top free apps for budgeting, so downloading it might be a good start.

Savings are BAE

I remember a few years ago, my dad promised he will double any amount of money I could save in a year. I was so excited about it, for like the first 3 weeks I saved every single penny. Once the year passed, I only saved like \$120 dollars, my dad did as he promised, but now I realized how much money I could have made just by saving. Same thing will apply to you with your bank, obviously there is no bank in the world doubling what you save over a year, but, it will give you a fair interest rate just for keeping your money in there. I mean, after all you are getting paid just for putting your money somewhere without spending a dime.

Carpool

Gas is one of the main expenses for college students, specially for those with off-campus activities, such as hanging out with friends out of town, going to church, getting coffee downtown, going to the football games, etc... Carpooling is a cheap alternative to go places without using your car every single time. Most of the organizations on campus do carpool for their events and also for school related events. Asking for gas money is another option when taking a lot of people somewhere back and forth.

Being a college student should be an amazing experience, don't let money turn it into something unpleasant. And keep this in mind, you can always make the best out of the worst.

Events Guide

LIVE Speaker Broadcast

Sigma Alpha Pi: The National Society for Leadership & Success hosts the LIVE Speaker Broadcast Series Presenting Jesse Eisenberg at **6 p.m. on Nov. 4 in Apache Room 4**. There is no charge to attend if you have your TJC ID.

For more information about this event or how to join Sigma Alpha Pi: The National Society for Leadership and Success please contact Cassy Rice at cric3@tjc.edu, or the CSLI office at (903) 510-2797.

Student Senate Blood Drive

Help the Student Senate fulfill promise #3, community service, and donate blood and help save up to three lives on the **2nd floor of the Rogers Student Center from 10 a.m. to 4 p.m. on Nov. 4th**.

TEKKEN Tournament

There will be a TEKKEN Video Game Tournament in the Rec Center from **5 p.m. to 7 p.m. on Nov. 5th**. There is no charge to participate.

Theatre: 'Woyzek'

Theatre TJC: Second Stage Production: Woyzek by Georg Büchner will be presented on **Nov. 6th and 7th in the Wise Auditorium at 8 p.m.** There is no charge to watch the performance.

Preparing for Interview Workshop

For many students, the interview is the most stressful aspect of applying for a job. This interactive workshop will teach you how to best prepare for an interview, from pre-interview preparation to post-interview follow-up. You will learn how to dress appropriately, how to respond to common questions, what to bring with you to an interview and more on **Nov. 10th and 11th from 3:30 p.m. to 5 p.m. in the Quest Classroom on the 1st Floor of Vaughn Library**. The class is free of charge. For more information, contact Career Services at 903-510-2334 or visit www.tjc.edu/careerservices.

LIVE Speaker Broadcast Continues

Sigma Alpha Pi: The National Society for Leadership & Success hosts the LIVE Speaker Broadcast Series Presenting John Leguizamo at **6 p.m. on Nov. 10th in Apache room 4**. There is no charge if you have your TJC ID.

For more information about this event

or how to join Sigma Alpha Pi: The National Society for Leadership and Success please contact Cassy Rice at cric3@tjc.edu, or the CSLI office at (903) 510-2797.

Pool Tournament

Pool Tournament in the **Rec Center on Nov. 12 at 5 p.m.** There is no charge.

TJC Bands Concert

TJC Wind Ensemble, Symphonic Band and Concert Band in will be performing on **Nov. 12 at 7:30 p.m. in the Wise Auditorium**.

Final Exam Preparation

Final exam week is near! Are you ready? Join the Quest Center for its workshop, "Final Exam Preparation: Using What You Read to be Successful on Exams" at **1 p.m. on Nov. 13 for free in the Quest Center Lab in the library**.

Research and Citation workshop

Do you have an essay to write and need sources? Join the Writing Center for a "Research and Citation" workshop on **Nov. 13 in the Quest Classroom at 2 p.m.**

Theatre Presents 'The 25th Annual Putnam County Spelling Bee'

The TJC theatre presents 'The 25th Annual Putnam County Spelling Bee.' Shows will start at **7:30 p.m. on Nov. 18 to Nov. 21 and 2 p.m. on Nov. 22 in the Jean Browne Theater**. The performance is free to watch with valid TJC ID.

Etiquette Dinner

It's back! Career Services is once again hosting an etiquette dinner for students.

Join etiquette expert Melinda Coker as she guides you through dining in a professional setting. Pre-registration is required and can be completed at <https://orgsync.com/login/tyler-junior-college> Space is limited, so **register before Nov. 19! It takes place at 5:30 in the Board Dining Room in the 3rd floor of Rogers Student Center**. For more information, contact Career Services at 903-510-2334 or visit us at tjc.edu/careerservices.

Test Anxiety and Strategies workshop

Are you stressing out about your final exams? Join Apache Tutoring for a "Test Anxiety and Strategies" workshop **Nov. 19 from 12:40**

CANS

continued from page 3

The canned food drive started out as a competition between TJC, Texas College, and the University of Texas at Tyler. TJC ended up beating the other schools by 1,500 cans. Since then, Tyler AIDS Services has relied solely on TJC.

"Tyler AIDS depends on us so much that we cover one-third of their overall operating budget with the donations we bring," said White.

The drive goes on every fall semester in October as well as every spring semester in April.

"We keep it going in the spirit of [Charlene Steed] asking us to. It's a great community service. We get our art appreciation classes involved and our Art Club members are involved. Sometimes we'll go shopping as a group," said White. "It is a good community thing in terms of the comradery that takes place here in the department to get it done."

The TJC Art Club is not the only campus organization that participates in the drive. Sigma Kappa Delta, the Surgical Program, and the West Campus do as well.

Linda Gary, Founder and Advisor of the Psi Gamma Tyler Chapter of Sigma Kappa Delta, believes community service is part of a

well-rounded education.

"I think it's important that our students learn to give back and really get to experience the rewards of helping others," said Gary. "Helping those in need is an important part of all student organizations and an important part of TJC's promises. Promise number three is reaching out to others. I'm really proud of us for that."

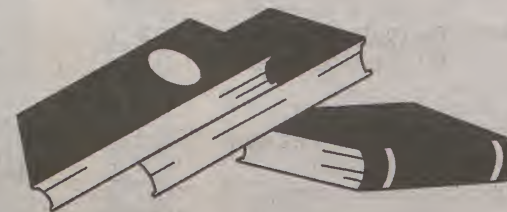
Roughly 2,000 cans are donated every year. There are so many cans by the time the drive is over, the bed and interior of White's truck are completely filled with them.

"There is outstanding participation. It just astounds me at what the Art Club and SKD are able to collect. It's just amazing because the Art Club and SKD are not really large student organizations. Our members just give and give and give," said Gary.

As cans continue to pile into the art department before the drive is over, art students are known for utilizing their talents and creating sculptures out of them.

"We have had six-foot, towering sculptures built out of canned food in here," said White.

Non-perishable donations can be dropped off in the Jenkins Hall Art Department Lobby. The food drives ends Friday October 30, 2015.



KEEP CALM AND SELL YOUR BOOKS

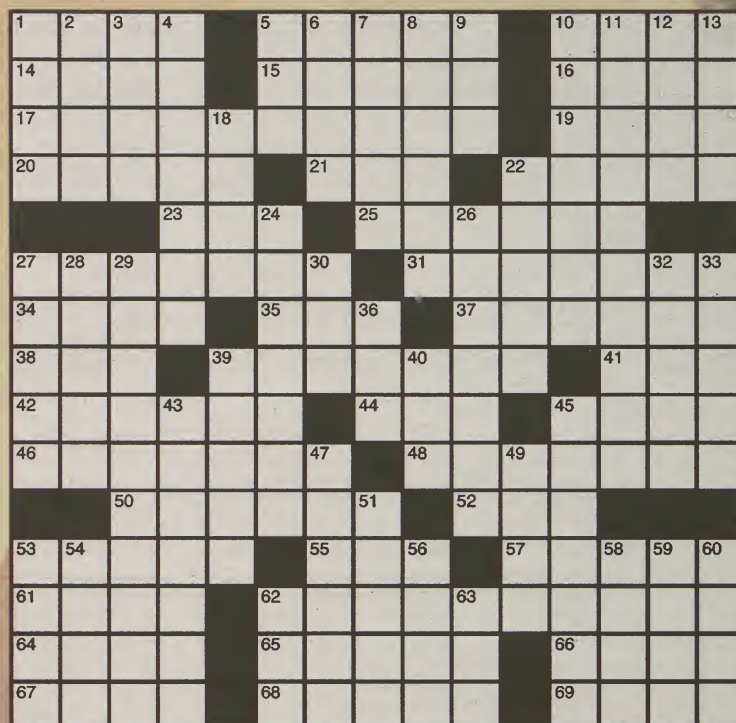
College Books Inc. 1232 E. 5th St.

We'll Buy Them All!

* SOME EXCLUSIONS APPLY. SEE STORE FOR DETAILS.

ACROSS

- 1 Bit of talk show self-promotion
- 5 Judean king
- 10 "Hurry up!"
- 14 Real snoozefest
- 15 Native New Zealander
- 16 Angelic aura
- 17 *Guys' hair coloring product
- 19 Cruise stop
- 20 Dry, as bread
- 21 Maui memento
- 22 Kind of computer error that may cause data loss
- 23 Steel-cut grain
- 25 Eccentric person
- 27 Chain with headquarters at One Geoffrey Way, Wayne, N.J.
- 31 Former Southwest subsidiary
- 34 Give ___ on the back: praise
- 35 Criticize nonstop
- 37 Hold in, as a sneeze
- 38 Cheering word
- 39 *Radioactive emission
- 41 Suffix with percent
- 42 Defeats soundly
- 44 Actress Ullmann or Tyler
- 45 Ran off
- 46 Informer, to a cop
- 48 Allergy stimulants
- 50 Pig noises
- 52 "___ is me!"
- 53 Sends junk e-mail to
- 55 Busy pro in Apr.
- 57 Digilux 3 camera maker
- 61 Red "Sesame Street" puppet
- 62 Hard-to-define element, or a hint to what can precede each last word in the answers to starred clues
- 64 Bank claim
- 65 Bluesy Memphis street



By C.C. Burnikel

11/2/15

- 66 Danish shoe brand
- 67 Not as much
- 68 Made inquiries
- 69 Like plow horses

DOWN

- 1 Sandwiches with Jif, briefly
- 2 Rude dude
- 3 Heavenly bear
- 4 "Beat it!"
- 5 Gp. with a copay
- 6 Countess' spouse
- 7 Lover of Juliet
- 8 Crispy Crunchies! fries maker
- 9 Noisy clamor
- 10 Ristorante red
- 11 *Root source for a database
- 12 Southwestern pot
- 13 Holiday season
- 18 Emotion causing quaking
- 22 Winks count
- 24 Listens to, as a radio station
- 26 Repudiate
- 27 Fruit pastries
- 28 Eye-fooling genre
- 29 *Big place to play online
- 30 Minded the kids

Saturday's Puzzle Solved

N	O	P	R	O	B	L	E	M		N	E	T	T	V
U	N	D	E	R	L	I	N	E		O	M	A	H	A
A	L	J	A	Z	E	E	R	A		L	I	K	E	N
N	E	A		O	S	L	O		B	I	T	E	M	E
C	A	M	O		S	O	B	E	R		T	A	S	
E	V	E	N	S		W	E	B	A	C	C	E	S	S
D	E	S	E	E	D		S	R	I	L	A	N	K	A
						C	R	U	S		O	D	O	R
R	E	Q	U	I	R	E	D		S	P	L	A	S	H
I	M	U	P	F	O	R	I	T		S	O	L	T	I
O	P	E			C	A	G	E	S		S	L	O	P
T	A	U	R	U	S		R	E	I	D		D	R	S
A	T	E	A	T		H	A	V	E	A	G	O	A	T
C	H	U	T	E		O	P	E	N	R	A	N	G	E
T	Y	P	E	S		W	H	E	A	T	B	E	E	R

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11/2/15

- 32 "Magic in the Moonlight" director Woody
- 33 Food, shelter, etc.
- 36 Cowboy's lady
- 39 Nearly excellent grade
- 40 Tear apart
- 43 Latter-day Saints
- 45 Defrauds
- 47 Carves in stone
- 49 "Copacabana" temptress

- 51 Command to Spot
- 53 Go like hotcakes
- 54 Ballerina's bend
- 56 Wheel-connecting rod
- 58 Restless desire
- 59 Chanel of perfume
- 60 Yankee with more than 3,000 hits, familiarly
- 62 Schedule abbr.
- 63 Nourished

SUDOKU

THE SAMURAI OF PUZZLES By The Mepham Group

Level: 1 2 3 4

		1		4				8	
8					9			1	7
					1				5
			1			8	2		
4	8							5	3
			9	3			8		
5					7				
		9	2		8				7
	6					2		3	

SOLUTION TO LAST WEEK'S PUZZLE

11/8/15

8	9	1	2	3	4	5	6	7
3	6	2	5	9	7	4	8	1
5	7	4	1	8	6	9	2	3
1	2	7	3	5	9	6	4	8
6	3	5	7	4	8	2	1	9
9	4	8	6	2	1	3	7	5
4	8	3	9	7	2	1	5	6
2	1	9	8	6	5	7	3	4
7	5	6	4	1	3	8	9	2

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk

UT Southwestern Medical Center

Ophthalmic Clinic Opportunities **UT Southwestern Medical Center** **Dallas, Texas**

Come join our clinical team at UT Southwestern Department of Ophthalmology in Dallas and use your skills to help us deliver exceptional eye care and comprehensive, high-quality treatment to patients whose vision is threatened by eye disease, systemic disease or injury.

With over 20 physicians on staff, we offer state-of-the-art patient care in all subspecialty areas of Ophthalmology, in addition to complete Refractive, Optometric and Optical services. As a high-volume clinic, we treat thousands of patients each year from all over the world, allowing for a unique opportunity for technicians to learn and grow within the department.

Job Requirements

See our web site for specific requirements for each job, but most requires a high school diploma or equivalent and at least 1 year of experience in Ophthalmology. The COA requires COA certification by Joint Commission on Allied Health Personnel in Ophthalmology (JCAHPO), and the Ophthalmic Technician requires JCAHPO COT certification. The Refractive Technician requires certification in VISX, LADAR or Intralase.

Company Overview

As one of the premier academic medical centers in the world, UT Southwestern leads the way in patient care, research and medical education. With 11 specialties earning national recognition from *U.S. News & World Report* for 2014-15, UT Southwestern is a dynamic institution in which to advance your career. Our eye clinic employs a range of professionals, including keratorefractive technicians, certified ophthalmic assistants, ophthalmic technicians, ophthalmic coordinators, medical office assistants, opticians and others.

UT Southwestern is an Affirmative Action/Equal Opportunity Employer. Women, minorities, veterans and individuals with disabilities are encouraged to apply.

Response Information

Please send your resume to **Marvin.Gomez@UTSouthwestern.edu** or apply online at **jobs.UTSouthwestern.edu** and search "ophthalmic" today. We offer a supportive, culturally diverse environment, competitive salaries and state of Texas benefits that begin the first day of employment.